

REPAIRERS OF THE BREACH

The High Moral Stakes of the Budget Debate State-by-State Impacts of Defunding Health Insurance to Fund Militarism

The [Trump-GOP budget bill](#) passed this summer defunded health insurance, food stamps, and other programs to pay for tax cuts for the wealthy and unprecedented budgets for the military and mass deportations. With the fall government shutdown, the Trump GOP [doubled down on these priorities](#). Unless Congress acts to change it, millions of people will unnecessarily [lose health insurance](#), and millions more will be forced to pay [double their current rates](#) for health insurance. At the same time, the budget provides an unprecedented [\\$1 trillion for the military](#) and [\\$170 billion](#) over the next four years for mass deportations and detentions and the militarization of our borders. The Trump-GOP budget increases for the military and mass deportations in FY 2026 would be more than enough to provide [Medicaid for every person](#) expected to lose their health insurance. This table shows state-by-state impacts on health insurance, and how many people could receive Medicaid instead of increases to the military and mass deportation budgets.

State	Projected increase in uninsured individuals by the year 2034 due to changes in the "Big Beautiful Bill" to various health care programs				Projected increase in ACA premiums, 2024		Military & Mass Deportation, FY 2026
	Increase in uninsured due to changes in Medicaid	Increase in uninsured due to changes in ACA subsidies	Increase in uninsured due to changes in Medicare and other policy interactions	Total increase in uninsured	Percent increase in ACA health insurance premiums	Dollar increase in ACA health insurance premiums	Adults who could be insured under Medicaid for the cost of military and mass deportation increases
Alabama	18,000	28,000	3,100	49,100	92.7%	\$612	445,222
Alaska	22,000	2,400	940	25,340	125.4%	\$1,836	48,226
Arizona	290,000	33,000	12,000	335,000	86.7%	\$780	455,156
Arkansas	93,000	9,100	4,200	106,300	84.2%	\$828	265,975
California	1,300,000	230,000	57,000	1,587,000	n/a	n/a	4,444,623
Colorado	130,000	18,000	6,100	154,100	n/a	n/a	748,976
Connecticut	110,000	14,000	5,100	129,100	n/a	n/a	537,283
Delaware	32,000	2,900	1,500	36,400	68.0%	\$1,200	43,701
District of Columbia	29,000	1,600	1,100	31,700	n/a	n/a	91,302

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Florida	65,000	500,000	25,000	590,000	89.8%	\$528.0	3,559,007
Georgia	32,000	120,000	7,500	159,500	84.6%	\$528.0	930,588
Hawaii	35,000	4,100	1,700	40,800	49.2%	\$1,080.0	112,956
Idaho	30,000	5,500	1,700	37,200	n/a	n/a	103,729
Illinois	400,000	52,000	18,000	470,000	61.0%	\$1,032.0	1,926,392
Indiana	180,000	26,000	8,500	214,500	81.7%	\$804.0	231,477
Iowa	68,000	8,300	3,400	79,700	96.8%	\$1,080.0	185,024
Kansas	12,000	12,000	1,600	25,600	76.6%	\$708.0	197,181
Kentucky	200,000	4,500	7,900	212,400	n/a	n/a	177,573
Louisiana	230,000	17,000	9,200	256,200	100.0%	\$780.0	220,498
Maine	28,000	3,000	1,500	32,500	n/a	n/a	107,370
Maryland	140,000	30,000	7,100	177,100	n/a	n/a	583,621
Massachusetts	140,000	34,000	7,700	181,700	n/a	n/a	1,054,571
Michigan	260,000	32,000	12,000	304,000	70.4%	\$828.0	894,680
Minnesota	150,000	9,400	6,800	166,200	n/a	n/a	467,948
Mississippi	14,000	21,000	2,100	37,100	160.0%	\$480.0	118,226
Missouri	130,000	26,000	6,700	162,700	108.2%	\$792.0	398,117
Montana	34,000	3,600	1,600	39,200	81.3%	\$1,092.0	71,796
Nebraska	30,000	7,800	1,800	39,600	97.9%	\$1,092.0	104,912
Nevada	83,000	13,000	3,900	99,900	n/a	n/a	331,570
New Hampshire	18,000	3,900	1,200	23,100	58.9%	\$876.0	129,683
New Jersey	240,000	50,000	12,000	302,000	n/a	n/a	1,121,100
New Mexico	80,000	5,400	3,400	88,800	n/a	n/a	98,418
New York	760,000	68,000	32,000	860,000	n/a	n/a	2,744,304
North Carolina	220,000	63,000	12,000	295,000	101.8%	\$672.0	799,533

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North Dakota	16,000	2,400	800	19,200	90.9%	\$1,080.0	66,612
Ohio	290,000	37,000	14,000	341,000	82.7%	\$804.0	700,689
Oklahoma	110,000	18,000	5,300	133,300	101.8%	\$696.0	332,922
Oregon	190,000	10,000	7,800	207,800	67.7%	\$1,332.0	189,019
Pennsylvania	340,000	38,000	16,000	394,000	n/a	n/a	1,265,878
Rhode Island	33,000	4,800	1,500	39,300	n/a	n/a	103,101
South Carolina	17,000	36,000	3,500	56,500	98.0%	\$588.0	403,794
South Dakota	9,000	2,400	650	12,050	116.3%	\$1,284.0	59,478
Tennessee	24,000	40,000	4,200	68,200	100.0%	\$540.0	820,920
Texas	110,000	350,000	21,000	481,000	115.2%	\$456.0	2,319,583
Utah	48,000	26,000	3,000	77,000	116.7%	\$672.0	160,835
Vermont	14,000	1,200	720	15,920	n/a	n/a	58,270
Virginia	260,000	38,000	12,000	310,000	n/a	n/a	492,707
Washington	350,000	27,000	14,000	391,000	n/a	n/a	880,208
West Virginia	54,000	3,300	2,500	59,800	133.0%	\$1,404.0	79,587
Wisconsin	54,000	18,000	4,200	76,200	85.5%	\$1,200.0	455,139
Wyoming	0	2,300	260	2,560	195.0%	\$1,872.0	62,166
TOTAL	7,522,000	2,112,900	398,770	10,033,670	n/a	n/a	32,201,646

Sources: Predicted increase in uninsured: [Kaiser Family Foundation analysis](#) of CBO estimates from August 2025. Predicted ACA premium increases: [Kaiser Family Foundation analysis](#) of 2024 Centers for Medicare and Medicaid (CMS) data. Premium data are only available for states that use [Healthcare.gov](#), but other states would also experience increases. Costs of military and mass deportations: [Institute for Policy Studies analysis](#) of the Trump-GOP budget bill. State estimates are based on Trump plans to provide an additional \$119 billion for the military and \$43 billion for mass deportations in FY 2026.

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